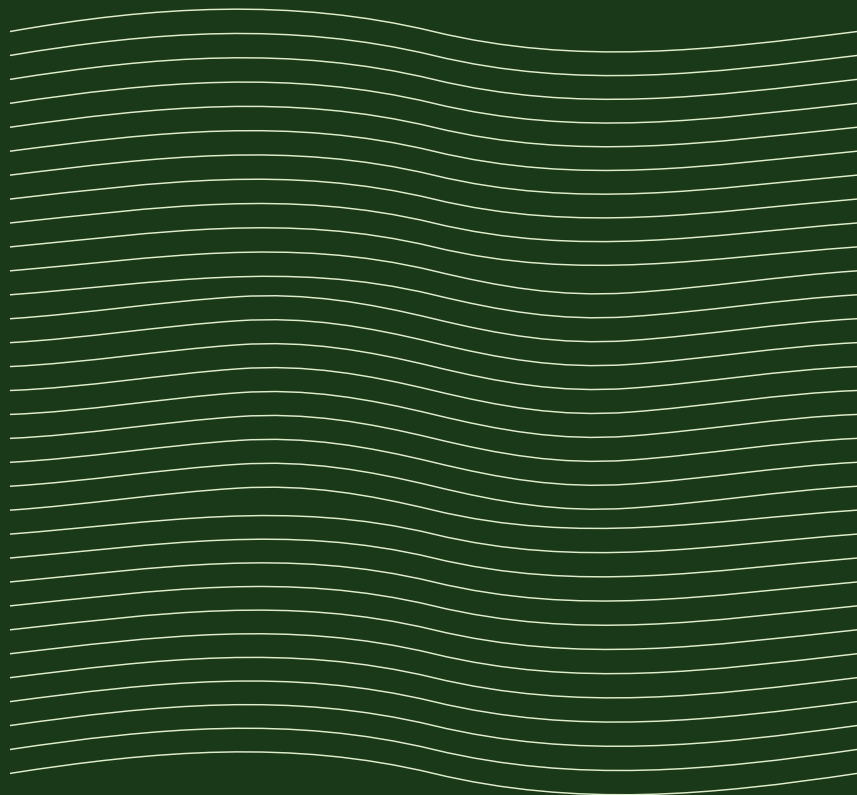


Rena

SPA

AT LEONARDO ROYAL SOUTHAMPTON GRAND HARBOUR



TREATMENTS

WELCOME TO RENA SPA. OUR URBAN SANCTUARY IS THE PERFECT ENVIRONMENT TO RENEW AND REJUVENATE YOUR BODY AND MIND.

ENJOY OUR FACILITIES DURING YOUR VISIT

THERMAL EXPERIENCE

Heated swimming pool

Enjoy a relaxing dip in our 15m heated indoor swimming pool between treatments.

Steam Room

Relax and clear your mind in our steam room which helps you to breathe easier leaving you feeling relaxed and refreshed.

Sauna

Visit the sauna for a 10-15 minute session before your treatment or simply to enjoy a few moments of relaxation. Our sauna is perfect for soothing tired limbs and detoxifying the skin.

Spa Pool

Spend some time out and enjoy the spa pool which works to relax muscles and aid stress relief.

Poolside loungers

Enjoy some down time in our comfortable and cosy poolside loungers, whether it's with your favourite book or magazine or simply taking a few moments to clear your mind from busy schedules, hectic lifestyles and demanding time constraints.

RENA SPA TREATMENTS

EXPERIENCE OUR WONDERFUL SELECTION OF SPECIALIST TREATMENTS. VIEW OUR BROCHURE FOR FULL DETAILS OF EACH TREATMENT.

	Duration (mins)	M-T Price £	F-S Price £		Duration (mins)	M-T Price £	F-S Price £
Caudalie Advanced Anti-Aging Facials				Rituals			
Resveratrol Lift	50	65	70	COMING SOON!			
Facials by Caudalie				Nails			
Vinoperfect	50	65	70	Express Manicure	25	20	25
Vinactiv	50	65	70	Express Manicure with gel polish	25	25	30
Vinosource	50	65	70	Express Pedicure	25	20	25
Express D-Vine	25	40	45	Express Pedicure with gel polish	25	25	30
Body Treatments by Caudalie				Deluxe Manicure	50	30	35
Crushed Cabernet Body Treatment	COMING SOON!			Deluxe Pedicure	50	30	35
Contouring and Invigorating Body Wrap	COMING SOON!			Gel Polish Manicure	50	40	45
Relaxing and Nourishing Body Wrap	COMING SOON!			Gel Polish Pedicure	50	40	45
Pre Natal Nourishing Body Wrap	COMING SOON!			Gelation Removal	15	10	10
Caudalie Massage Therapy				French Polish	15	10	10
Wine Makers	50	65	70	Finishing Touches			
Divine Body	50	65	70	Eyebrow Shape	10	15	-
Thé Des Vignes	50	65	70	Eyelash Tint	30	15	18
Pre Natal	25	40	45	Eyebrow Tint	10	10	13
Pre Natal	50	65	70	Lash and Brow Tint	40	22	25
Men's Treatments				Lash and Brow Tint and Brow Shape	50	28	31
Vineactiv Facial	50	65	70	Warm Waxing			
Wine Makers Massage	50	65	70	Full Leg	25	30	-
Eyebrow Shape	10	10	-	Half Leg	20	20	-
Back, Chest or Stomach Wax	35	25	28	Half Leg and Bikini	25	30	-
Express Treatments				Bikini	25	20	-
Express D-Vine Facial	25	40	45	Full Arm	20	20	-
Divine Back Neck and				Half Arm	10	15	-
Shoulder Massage	25	40	45	Lip and Chin	15	15	-
The Des Vigne Back				Lip or Chin	10	10	-
Neck and Shoulder Massage	25	40	45	Underarm	10	10	-
Cranial Massage	25	40	45	Back, Chest or Stomach	20	30	-
Prenatal Massage	25	40	45				
Express Manicure	25	20	25				
Express Manicure with gel polish	25	25	30				
Express Pedicure	25	20	25				
Express Pedicure with gel polish	25	25	30				

ENJOY ONE OF OUR EXCLUSIVE RENA SPA DAYS

Rena Morning Rise and Shine

Relax in our spa with a glass of prosecco, full use of the facilities, robe and towel with breakfast on arrival in Marco Pierre White Steakhouse Bar and Grill plus a choice of one of our luxurious treatments.

Your package includes:

- 1 x glass of prosecco
- Buffet breakfast is served in Marco Pierre White Steakhouse Bar and Grill at 9am
- 1 x 55 minute treatment
- Full use of the spa with access from 9am - 2pm

Monday - Thursday (9am - 2pm) £70 per person

Friday - Sunday (9am - 2pm) £80 per person

Rena Morning Refresh and Unwind

Relax in our spa with a glass of prosecco, full use of the facilities, robe and towel with 2 course lunch in Marco Pierre White Steakhouse Bar and Grill plus a choice of one of our luxurious treatments.

Your Day will include:

- 1 x glass of prosecco
- 2 course lunch served in Marco Pierre White Steakhouse Bar and Grill between 12 - 2.30pm
- 1 x 25 minute treatment
- Full use of the spa with access from 9am - 2pm

Monday - Thursday (9am - 2pm) £60 per person

Friday - Sunday (9am - 2pm) £70 per person

Rena Afternoon Revive and Delight

This Spa afternoon is the perfect introduction to indulge all of your senses. Relax, unwind and pamper in our spa with full use of the facilities, robe and towel, glass of prosecco, Marco Pierre White afternoon tea plus a choice of one of our luxurious treatments.

Your Day will include:

- 1 x glass of prosecco
- Marco Pierre White Afternoon Tea between 1pm and 5pm
- 1 x 55 minute treatment
- Full use of the spa with access from 1pm - 6pm

Monday - Thursday (1pm - 6pm) £75 per person

Friday - Sunday (1pm - 6pm) £85 per person

Rena Classic Afternoon

Start your spa day with a cream tea and then relax and unwind with full use of the facilities.

Your indulgent day includes a robe and towel with a glass of prosecco and a choice from one of our 25 minute treatments.

Cream tea is served between 1pm and 5pm in Marco Pierre White Steakhouse, Bar & Grill.

Your Day will include:

- Cream Tea between 1pm and 5pm
- 1 x 25 minute treatment
- Full use of the spa with access from 1pm - 6pm

Monday - Thursday (1pm - 6pm) £50 per person

Friday - Sunday (1pm - 6pm) £60 per person

Rena Twilight Spa Evening

Relax and unwind with full use of the facilities, glass of prosecco, robe and towel and a 25 minute treatment.

Your Day will include:

- 1 x 25 minute treatment booked between 4pm - 6pm
- Full use of the spa with access from 4pm - 8pm

Monday - Thursday (4pm - 8pm): £40 per person

Friday - Sunday (4pm - 8pm): £50 per person

55 minute treatments include

- Divine Full Body Massage
- Thé Des Vignes Full Body Massage
- Expectant Mother Massage
- VineActiv Facial
- Vinoperfect Radiance Facial
- Vinosource Facial
- Deluxe Manicure
- Deluxe Pedicure
- Winemakers Massage (*Subject to availability*)

25 minute treatments include

- Divine Back, Neck and Shoulder Massage
- Thé Des Vignes Back, Neck and Shoulder Massage
- Expectant Mother Massage
- Cranial Massage
- Express D-Vine Facial
- File and Polish on hands or toes

**Please note that cream tea and afternoon tea is served until 5pm*

**Upgrade to any 55 minute treatment for an extra £25 per person*

Rena

SPA

AT LEONARDO ROYAL SOUTHAMPTON GRAND HARBOUR

Rena Spa at Leonardo Royal Southampton Grand Harbour

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